**Noah’s Ark**

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**Menu**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Breakfast** | **Cereal**  **Fruit**  **MilkC:\Users\owner\AppData\Local\Microsoft\Windows\INetCache\IE\0W697BGC\cereal[1].jpg** | **Scrambled eggs**  **Toast**  **Fruit**  **Milk** | **Pancakes**  **Fruit**  **Milk C:\Users\owner\AppData\Local\Microsoft\Windows\INetCache\IE\GUH7ORO4\22284389_cb09d36851b8ec46be11c3b47d38ffb4_m[1].jpg** | **Blueberry bagel with cream cheese**  **Milk** | **Cereal**  **Fruit**  **Milk C:\Users\owner\AppData\Local\Microsoft\Windows\INetCache\IE\0W697BGC\cereal[1].jpg** |
| **AM Snacks** | **Bananas**  **Crackers**  **Water** | **Yogurt Parfait with granola and fresh fruit**  **Water** | **Animal crackers**  **Apples**  **Water** | **Ritz crackers**  **Cheese**  **Water** | **Oranges**  **crackers**  **Water** |
| **Lunch**  **WEEK 1** | **Cheese Pizza**  **Fruit**  **Milk** | **Chicken & cheese Enchiladas veggies**  **Milk** | **Macaroni& cheese**  **Teriyaki meatballs**  **Fruit**  **Milk** | **Chicken nuggets**  **Rice**  **Veggies**  **Milk** | **Chicken noodle soup**  **Fruit**  **Milk** |
| **WEEK 2** | **One pot pizza bake**  **Fruit**  **Milk** | **Chicken and vegetable fried rice**  **Milk** | **Meatball sliders**  **Salad**  **Milk** | **Bean and cheese quesadilla**  **Fruit**  **Milk** | Image result for valentines clip art**Turkey and cheese heart sandwich**  **Fruit**  **Milk** |
| **WEEK 3** | **C:\Users\owner\AppData\Local\Microsoft\Windows\INetCache\IE\OLZ79T5M\presidents_day[1].png** | **Bubble up enchilada**  **Fruit**  **Milk** | **Octopus spaghetti**  **Fruit**  **Milk** | **Fish sticks**  **Rice**  **Veggie**  **Milk** | **Tomato tortellini soup**  **Fruit**  **Milk** |
| **WEEK 4** | **Chicken Fried rice**  **Veggies**  **Milk** | **One pot pizza bake**  **Fruit**  **Milk** | **Turkey roll up**  **Fruit**  **Milk** | **Cheese pizza**  **Fruit**  **Milk** | **Octopus spaghetti**  **Vegetables**  **Milk** |
| **PM Snacks** | **Cranberries**  **crackers**  **Water** | **Crackers**  **Water** | **String cheese**  **Crackers**  **Water** | **Trail mix**  **Water** | **Graham Crackers**  **Apples**  **Water** |

**Breakfast: Consists of milk, fruit, eggs, bread or bread alternative Lunch: Consists of all five of the following: Milk, vegetable/fruit, bread or alternative, meat of meat alternative**

**Snacks: Consist the following, juice/water, vegetables/ fruit, crackers, cheese, yogurt For children with allergies parent will provide the alternative**