**Noah’s Ark CLC**

**Developmental Milestones and Goals**

**Pre-school (ages 2.5-3.5 years)**

Children in this age group become much more independent and self-sufficient. We start to lay the foundations for development of interpersonal relationships with caregivers and classmates.

**Physical Development:**

* Movement milestones; running, jumping, dancing, and climbing, balancing
* Personal hygiene and learning/mastering toilet training and supportiveness for the process, also including unzipping/unsnapping/unbuckling and learning how to dress and undress self
* Development of small and large body muscles in the body through exercise and movement
* Throws and catches a ball

**Language and Speech Development**

* Starting to recognize all the different letters and there appropriate sounds
* Recognizing color/shapes
* Uses sentences of more than 2-3 words
* Pre-writing skills (i.e. holding pencil, hand grasp)
* Using words to communicate wants/needs

**Social/Emotional Development**

* Learning ways of showing affection and concern and sympathy for classmates (i.e. giving an ince pack to a hurt friend)
* Self-evaluating and learning process of knowing when they made appropriate or inappropriate choices and consequences of these actions
* Learning and practicing increased self-control (especially during times like circle time, quiet times, etc)
* Pretend play being a critical aspect of development that builds language, social skills, and emotional development as well
* Practicing conflict resolution and what actions are acceptable with others
* Exploring ideas of feelings through play (frustrations, fears, and happiness) and learning how to express those in age appropriate ways