**Noah’s Ark**



**Menu**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Breakfast** | **Cereal**  **Milk** | **Scrambled eggs, Toast**  **Milk** | **Cereal**  **Milk** | **Waffles**  **Milk** | **Cereal**  **Milk** |
| **AM Snacks** | **Cranberries**  **crackers**  **Juice** | **Ritz crackers**  **Cheese** | **Animal crackers**  **Apples**  **Water** | **Yogurt parfait**  **Water** | **Oranges**  **crackers**  **Water** |
| **Lunch**  **WEEK 1** | **Cheese Pizza**  **Fruit**  **Milk** | **Turkey roll up**  **Fruit**  **Milk** | **Burrito Bowl (rice, corn,turkey and beans )**  **Milk** | **Macaroni and cheese**  **Chicken nuggets**  **Veggies**  **Milk** | **Peanut butter jelly sandwich**  **Celery**  **Milk** |
| **WEEK 2** | **Turkey casserole**  **Green beans**  **Milk** | **Bean and cheese**  **Quesadilla**  **Corn**  **Milk** | **Fried rice**  **Fruit**  **Milk** | **Chili Macaroni**  **Corn**  **Milk** | **Sweet and Sour chicken**  **Rice**  **Milk** |
| **WEEK 3** | **C:\Users\owner\AppData\Local\Microsoft\Windows\INetCache\IE\EUKIW4E5\01.18.2014-Dr-MLKjr[1].jpg** | **Teriyaki meatballs rice, green beans**  **Milk** | **Bubble up enchilada**  **Fruit**  **Milk** | **Bean and cheese quesadilla**  **Corn**  **Milk** | **Fish Sticks**  **Rice**  **Fruit**  **Milk** |
| **WEEK 4** | **Macaroni and cheese**  **Chicken nuggets**  **Veggies**  **Milk** | **Octopus spaghetti**  **Green beans**  **Milk** | **Tater tot casserole**  **Fruit**  **Milk** | **Peanut Butter and Jelly sandwich**  **Celery**  **Milk** | **Cheese Pizza**  **Fruit**  **Milk** |
| **PM Snacks** | **Bananas**  **Crackers**  **Water** | **Trail mix**  **Water** | **String cheese**  **Crackers**  **Water** | **Graham Crackers**  **Apples**  **Water** | **Crackers**  **Water** |

**\*PM SNACK MAY VARIES DUE TO SPECIAL PROJECTS IN EACH CLASSROOM, PLEASE SEE LESSON PLAN (SPECIAL PROJECTS ARE MADE IN THE AFTERNOON) Breakfast: Consists of milk, fruit, eggs, bread or bread alternative Lunch: Consists of all five of the following: Milk, vegetable/fruit, bread or alternative, meat of meat alternative Snacks: Consist the following, juice/water, vegetables/ fruit, crackers, cheese, yogurt /For children with allergies parent will provide the alternative**