**Noah’s Ark Menu**

**![C:\Users\owner\AppData\Local\Microsoft\Windows\INetCache\IE\C812HQVL\month-of-may-flowers[1].png]()**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Breakfast** | **Cereal** **C:\Users\owner\AppData\Local\Microsoft\Windows\INetCache\IE\0W697BGC\cereal[1].jpg****Milk** | **Scrambled eggs** **Toast** **Milk**  | **Waffles/Pancakes****Milk** | **Bagel and cream cheese****Milk** | **CerealC:\Users\owner\AppData\Local\Microsoft\Windows\INetCache\IE\0W697BGC\cereal[1].jpg****Milk** |
| **AM Snacks** | **Yogurt** **Fruit/granola****Water**  | **Pretzels &****Cheese** **Water**  | **Apples****Animal crackers** **Water** | **Graham Crackers****Fruit****Juice/ water** | **Oranges****Animal Crackers****Juice/ water**  |
| **Lunch****WEEK 1** | **Teriyaki Meatballs** **Rice****Fruit****Milk**  | **Turkey casserole****Green beans****Milk** | **Chicken & cheese enchiladas and corn****Milk** | **Chicken and veggie fried rice****Fruit****Milk**  | **Bean and cheese quesadilla****Corn** **Milk**  |
| **WEEK 2** | **Alfredo and chicken fettucine** **Fruit****Milk** | **Tater tot casserole****Green beans** **Milk**  | **Meatball sliders****Fruit****Milk** | **Peanut Butter & Jelly Sandwich****Celery/Cucumber****Milk**  | **Chicken nuggets** **Rice****Corn** **Milk**  |
| **WEEK 3** | **English muffin Cheese pizza****Veggies****Milk** | **Fish sticks****Tater tots** **Green beans****Milk** | **Sweet and sour chicken with pineapple** **Rice****Milk** | **One pot pizza bake** **Fruit** **Milk** | **Mac and Cheese** **Meatballs****Fruit****Milk** |
| **WEEK 4** | **Peanut Butter &Jelly sandwich****Celery/cucumber****Milk** | **English muffin Cheese pizza****Veggies****Milk** |  **Chicken Nuggets****Tater Tots****Green Beans****Milk** | **Bean and cheese quesadilla****Corn****Milk**  | **Turkey casserole****Green beans****Milk** |
| **PM Snacks** | **Raisins** **crackers****Water** | **Banana****Graham Crackers****Water** | **Veggies and ranch** **Water** | **String cheese and crackers****Water**  | **Trail Mix****Water** |

**\*PM SNACK MAY VARIES DUE TO SPECIAL PROJECTS IN EACH CLASSROOM, PLEASE SEE LESSON PLAN (SPECIAL PROJECTS ARE MADE IN THE AFTERNOON)**

**Breakfast: Consists of milk, fruit, eggs, bread or bread alternative**

**Lunch: Consists of all five of the following: Milk, vegetable/fruit, bread or alternative, meat of meat alternative**

**Snacks: Consist the following, juice/water, vegetables/ fruit, crackers, cheese, yogurt /For children with allergies parent will provide the alternative**